



# DIABETES SUPPORT GROUP

**Group sessions are held the fourth Monday of each month  
(no session in December) All sessions begin at 6pm**

Diabetes is a 24/7 disease and that means making important management decisions anytime, anywhere. Connecting with others who have the disease can offer a sense of community while also being an excellent outlet of support for the day-to-day challenges of managing diabetes.

Led by one of our diabetes counselors, the goal of our support group is to empower you to manage the disease and how it affects your daily life. Our group sessions feature a variety of professionals and cover various topics to help you better understand diabetes, ways to manage it, and how to live a healthier life. You'll be able to have open discussions with your peers who may also bring their own life experiences, resources, and realistic advice to the table.

**For questions and reservations,  
please contact 843.347.8068 or 843-234-5019.**



Meetings are held in the Rehabilitation Services Building located across from the CMC Emergency Department at 2369 Cypress Circle