



Childbirth Classes

Childbirth classes are recommended during the seventh or eighth month of pregnancy. CMC offers childbirth classes each month and classes are taught by one of our knowledgeable BirthPlace registered nurses. Class content includes anatomy/physiology, stages of labor, pain management, breathing & relaxation techniques, postpartum care, breastfeeding, newborn topics and much more. Please bring your questions and concerns with you.

2017 Childbirth Class Dates

January 21	July 15
February 18	August 19
March 18	September 16
April 15	October 21
May 20	November 18
June 17	December 16

Childbirth classes are held from 9 a.m. to 3 p.m. in the CMC Administrative Services Building Auditorium. Cost for the class is \$50 and is payable by check or money order. Lunch and snacks are provided for mother and coach.

To register or for more information call 843.347.8108 or visit www.conwaymedicalcenter.com.



BirthPlace Tours

You are invited to tour The BirthPlace at Conway Medical Center to see all we have to offer! Tours are held on Sundays at 2 p.m. and are conducted by our dedicated tour staff. During the tour you will visit the labor and delivery room, outpatient exam room, postpartum room and view the nursery. We will answer any questions you may have regarding The BirthPlace. Your family is welcome to attend with you.

Please call 843.347.8108 to schedule your tour. Pre-registration is requested.

Breastfeeding Classes

Taught by a registered nurse who is also a Lactation Consultant, these FREE classes are open to those expecting, as well as those who have already delivered their baby. Babies and a partner are welcome to attend.

2017 Breastfeeding Class Dates

January 3	July 11
February 7	August 1
March 7	September 5
April 4	October 3
May 2	November 7
June 6	December 5

Breastfeeding classes are held from 7 p.m. to 9 p.m. at Conway Medical Center. Classes are **free**.

To register or for more information call 843.347.8108 or visit www.conwaymedicalcenter.com.



The BirthPlace

300 Singleton Ridge Road
Conway, SC

843.347.7111

www.conwaymedicalcenter.com

